

MEDICAL

April 2022

PROFESSIONALS

NASHVILLE

**IAN R.
BYRAM, MD**

Bone and Joint Institute



CONNECTING TODAY'S HEALTHCARE LEADERS

MEDICAL CHARITY • SPECIALIST SPOTLIGHT • MEDICAL LEGACY



THE
RE/MAX
COLLECTION
HOMES AND ESTATES
LIPMAN GROUP

LARRY LIPMAN

EXPERIENCED REALTOR FOR 32 YEARS



I have relocated hundreds of doctors to Nashville **for over twenty years** and thoroughly enjoy it. Let me help you seamlessly and strategically sell your home or identify the kind of home that will reflect your lifestyle and dreams.

Unrivaled Reach and Audience • Connected to 120,000+ Real Estate Professionals In Over 100 Countries and Territories.

32+ Years Experience with Buyers • Sellers • Luxury • Investors • Relocation

Let me help you live the life you envision.

c: 615.364.3333 o: 615.463.3333
lawrence.m.lipman@gmail.com

visit my website
www.LarryLipman.com



BJI

BONE AND JOINT INSTITUTE

The Region's Destination for Orthopaedic Care



Scott Arthur, M.D.



Ian Byram, M.D.



Cory Calendine, M.D.



Casey Davidson, M.D.



Ronald Derr, D.O.



Richard Gibson, M.D.



Zachary Kalb, D.O.



John Klekamp, M.D.



Jeffrey Kutsikovich, M.D.



Colin Looney, M.D.



Michael McNamara, M.D.



Brian Perkinson, M.D.



Christopher Stark, M.D.



Paul Thomas, M.D.



Geoff Watson, M.D.



Todd Wurth, M.D.

FRANKLIN • BRENTWOOD • NOLENSVILLE • THOMPSON'S STATION
3000 Edward Curd Lane • Franklin, TN 37067 • BoneAndJointTN.org • 615-791-2630



Scan this code with your smartphone to make an appointment.



2002 Richard Jones Road, Suite C-104 Nashville, TN 37215
Each RE/MAX Office is Independently Owned and Operated

Have you been to multiple dentists with your problems, but still no solutions?
 Are you looking for simplified solutions to natural health care?
 Are you looking for information on using natural ways to build your health?
 Are you looking to be treated naturally, with natural products?

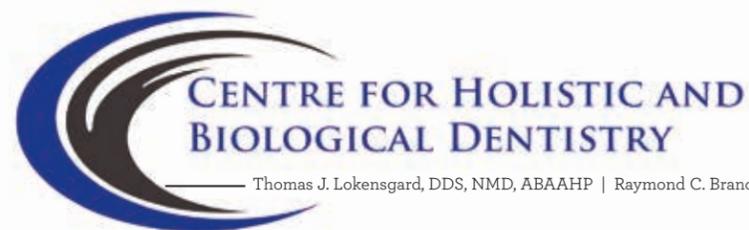
**IF THIS SOUNDS LIKE YOU...
 THEN BIOLOGICAL DENTISTRY MAY BE A GREAT FIT
 FOR YOU AND YOUR FAMILY.**



Biological Dentistry, also known in some circles as **holistic dentistry**, is the equivalent to functional medicine as its goal is to get to the cause of your oral health issues. It is also termed Bio-compatible or Bio-mimetic dentistry. These names are synonymous and interchangeable. As we now know, thanks to The Harvard Medical School, inflammation is **DIRECTLY -LINKED** to the condition in your mouth. This means that **ANY ORAL INFLAMMATION** begets chronic inflammatory mediator release in **ALL** of your other organ systems. This is a **VERY BIG DEAL**, and is why we are so concerned with any infections that may be present in your mouth!!

1600 Westgate Circle, Suite 175
 Brentwood, TN | M-F 8am-5pm

615-481-4555



CONTENTS



8



16



20

MP* MEDICAL PROFESSIONALS

PUBLISHER
 Mark Casey
www.NashvilleMP.com

PHOTOGRAPHY
 Twila Allen
 Twila's Photography
twilaphotography@gmail.com
twilaallenportraits.com

CREATIVE TEAM
 N2 Design Team

- 8 Featured**
- 8 FEATURED DOCTOR**
Ian R. Byram, MD
- 16 LEGACY**
BrightStone to Open Ferrell Teaching Home in 2022
- 20 SPECIALIST SPOTLIGHT**
David Farnen, DPM

INSIDE THIS ISSUE

- 6 FROM THE PUBLISHER**
- 19 WELL-BEING**
- 22 NEWS**
- 26 CHARITY**

Are you interested in submitting an article or being featured in an upcoming issue? Contact us at mark.casey@medprosmag.com.

DISCLAIMER: Any articles included in this publication and/or opinions expressed therein do not necessarily reflect the views of The N2 Company d/b/a Medical Professionals but remain solely those of the author(s). The paid advertisements contained within the Medical Professionals magazine are not endorsed or recommended by The N2 Company or the publisher. Therefore, neither The N2 Company nor the publisher may be held liable or responsible for business practices of these companies.

from the PUBLISHER



PUBLISHER
Mark Casey
NASHVILLE

mark.casey@
medprosmag.com



PHOTOGRAPHER
Twila Allen
Twila's Photography

Cover Photo by
Twila's Photography



Lyndsay Sullivan, Colin Looney, Ian Byram, Zachary Kalb

Bone and Joint Institute

This month, I would like to introduce you to Dr. Ian Byram. I first met Dr. Byram back at our first big event when we were getting started three years ago. We hosted a beautiful event at the Nashville Opera Center where we honored some of our first featured physicians. One of those physicians was Dr. Colin Looney of the Bone and Joint Institute. He introduced me to Dr. Byram, and we enjoyed making the connection immediately. The photo here is from that event and includes some of the team at the Bone and Joint Institute.

Medical Professionals Nashville is coming up on three years in print, and we could not do this without the wonderful participation from the Metro-Nashville medical com-

munity. Your stories are the heart-beat of this magazine as we seek to connect the various doctors, medical executives, nurses and various practitioners in this market. We want to thank everyone involved over the last three years making this such a success! It has been so much fun getting to know the doctors, nurses and medical professionals in this amazing city! You are the focus of this magazine because you deserve it- we are delighted to honor the various medical professionals that make Nashville a healthcare hub.

Mark Casey
Publisher,
Medical Professionals Nashville
615.669.1239
mark.casey@medprosmag.com
www.NashvilleMP.com

PHYSICIANS:



Nominate your PA or NP
To be featured in *MP Nashville!*

We would like to shine the spotlight on your amazing team. Let's face it ... they do a fabulous job making your practice extraordinary.

Email me at mark.casey@medprosmag.com with the name and role of your fabulous staff, and we will feature them in an upcoming issue of *MP Nashville*.

Join us on Instagram!
[@mpnashvillemagazine](https://www.instagram.com/mpnashvillemagazine)



Here's what the doctor ordered.

Your Synovus Physician Mortgage Specialist is on call.

- Financing¹ up to \$2 million for primary home
- Up to \$1.5 million for second home
- Possibility of 100%² financing with no down payment



Alene Gnyp
Mortgage Loan Originator
NMLS 659293
615.582.2334
AleneGnyp@Synovus.com

SYNOVUS

¹Subject to credit and underwriting approval. ²On loan amounts of \$750,000 or less for primary residences. Allowable LTV dependent upon primary or secondary residence, combined loan amount and risk level. Property appraisal required.

Synovus Bank, Member FDIC. Loans subject to approval, including credit approval. Synovus Bank is an Equal Housing Lender.

INDEPENDENT LIVING. ASSISTED LIVING. MEMORY CARE.



COME HOME TO
THE FOUNTAINS

for a
refreshing
new life.

WE WELCOME YOU WITH OPEN ARMS.



300 CELEBRATION CIRCLE • FRANKLIN • 615.567.3717
WWW.FOUNTAINSFRANKLIN.COM

IAN R. BYRAM, MD

SHOULDER, ELBOW AND
SPORTS MEDICINE

BONE AND JOINT
INSTITUTE OF TENNESSEE



“Perhaps one of the most influential experiences in my medical journey was a five-week medical mission trip to Tenwek Hospital during residency. My wife and I had the opportunity to join Dr. David Gaw in serving the people of Bomet, Kenya.”

Photos by Twila's Photography

FUN FACTS:

Hometown: Raleigh, NC

College: UNC-Chapel Hill

Med school: UNC-Chapel Hill School of Medicine

Residency: Orthopaedic Surgery, Vanderbilt Medical Center

Fellowship: Shoulder, Elbow, and Sports Medicine; Columbia University Medical Center, NY

Practicing medicine: 10 years post-fellowship

Lived in Nashville area: 15 years

How did you get started in Medicine?

Having multiple knee injuries playing soccer growing up, I became interested in orthopaedic surgery at a young age. After spending significant time as a patient, I shadowed my hometown orthopaedic surgeon at Raleigh Orthopaedic Clinic to better understand the field. Still undecided, I majored in Economics as an undergraduate at UNC-Chapel Hill. A summer research internship at Brigham and Women's Hospital in Boston, MA solidified my desire to

pursue a career in medicine. The constant pursuit of knowledge combined with the satisfaction of giving back to my community became the driving force in my decision to enter the medical field.

How do your life experiences make you a better physician?

Being a patient multiple times has allowed me to truly empathize with those that I treat. Spending several days in the hospital after lung surgery gave me a new appreciation for nurses, medical assistants, and fellow physicians. Involvement in First Presbyterian Church, my family, youth sports, and BrightStone also gives me balance and perspective.

What were some key steps in your medical journey to get you to where you are today?

From UNC-Chapel Hill, to Vanderbilt, to Columbia Medical

Center, I feel fortunate to have trained under incredible leaders in orthopaedic surgery. These mentors have shaped my career by supporting me every step of the way.

Perhaps one of the most influential experiences in my medical journey was a five-week medical mission trip to Tenwek Hospital during residency. My wife and I had the opportunity to join Dr. David Gaw in serving the people of Bomet, Kenya. Operating under the constraints of limited resources, I learned valuable lessons in patience, faith, and commitment that I still reference today. This experience reaffirmed why I felt called to medicine.

What makes your business/practice unique in our community?

The Bone and Joint Institute of Tennessee has been in Franklin for over 40 years since it was originally founded by Dr. Craig Ferrell as the Franklin Bone & Joint Clinic. We have seen Franklin and the greater Nashville area grow exponentially, and our practice has similarly expanded to offer sub-specialty services to meet the needs of our community. Our ability to provide innovative care has allowed us to become a center that cares not only for local patients, but also high-profile musicians, athletes, and leaders in our region.





Through teaching, innovation, and research, I continuously work to be a leader in shoulder and elbow surgery on a regional and national level. I am passionate about advancing our field through techniques such as CT-guided navigation in shoulder reconstruction.

What are your goals for your patients and practice?

My primary goal is to offer high-quality, evidence-based, cutting-edge care to patients to restore them to active lives. I set high expectations for myself and my patients in an attempt to achieve the best possible outcomes. I am blessed to be surrounded by like-minded partners and staff who share the common goal of treating each other and our patients like family.

What keeps you engaged when things get hard in your practice?

Personal connections with my patients and coworkers allow me to maintain my love for medicine. I am thankful to have such an incredible team consisting of my physician assistant, nurses, schedulers, and support staff. The camaraderie we share at BJTT creates a supportive environment even during challenging times such as the Covid-19 pandemic.

What is the culture of this practice?

We strive to maintain the culture of family created by Dr. Ferrell while continuing to pursue excellence. Treating each other like family means that everyone deserves VIP care!



How do you try and maintain a balanced life outside of work?

My faith and family keep me grounded even in the midst of a hectic work schedule. Having been blessed with four children, I often find myself on the sidelines of youth sporting events or spending time together outdoors. While passionate about work, I try to be intentional about setting aside time to be with family and friends in order to maintain balance and perspective.

What motivates you?

I am motivated by the goal of being the best possible physician, father, and husband I possibly can. High expectations for myself and my patients drive me to pursue excellence in surgery and patient care.

What methods do you employ to keep improving your knowledge and experience?

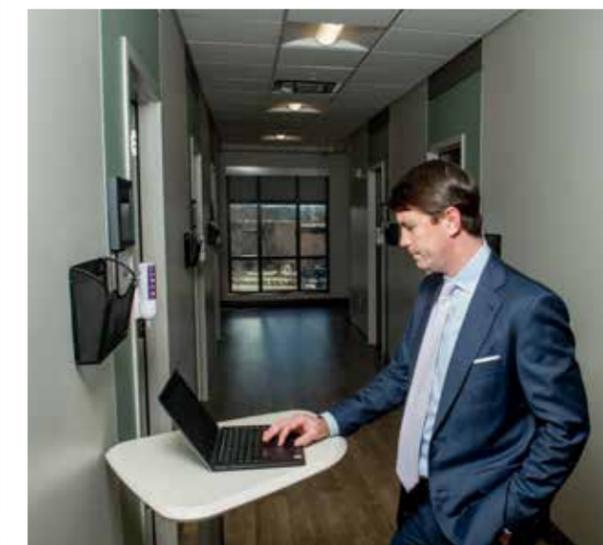
Through clinical data collection, I am constantly evaluating my own patient outcomes and surgical performance. I regularly participate in national meetings as faculty in order to keep my finger on the pulse of shoulder, elbow, and sports medicine across the country. I have been fortunate to serve on the Shoulder and Elbow Program Committee for the American Association of Orthopaedic Surgery, helping shape our field through surgeon education.

As a member of the American Shoulder and Elbow Surgeons Foundation board of directors, I work to foster scientific advancement through education and innovation to the benefit of our patients.

Who are some of your medical "heroes"?

Dr. David Gaw is a retired orthopaedic surgeon in Nashville who has influenced countless physicians and patients through his local and international medical mission work. His selfless attitude, generosity, and service to others are inspirational.

Dr. William Levine is the chairman of the Department of Orthopaedic Surgery and Chief of the Shoulder Service at Columbia University Medical Center where I completed my fellowship. Despite his many accolades, he works tirelessly to serve as a mentor to the hundreds of surgeons he has trained. He has been a mentor and friend to me throughout my practice, constantly encouraging and challenging me to be a leader in our field.





GETTING TO KNOW THE DOC:
Tell us about your family.

My wife, Emily, is a speech pathologist, mother, and CEO of our family. We have been married 15 years and are blessed with three boys, Powell (10), Ward (8) and Sam (6), and a daughter, Winnie (7 months).

What are some of your hobbies/interests outside of work?

Golf is my primary hobby, but my handicap index does not reflect my love for the game! More recently I have taken up hunting and love to watch a sunrise in a field. Music has always been an interest – including playing the guitar or piano, listening to music in the operating room, or taking advantage of the incredible concert opportunities we have here in Nashville and Franklin. Lastly and most importantly, I am passionate

about my faith and involvement in our church community.

What amazing adventures have you been on?

Through the Morehead-Cain Scholarship program at UNC, I was given the opportunity to travel throughout Spain and study flamenco guitar, backpack the Sierra Nevadas, and explore the Pacific Northwest while working in Seattle, WA.

My wife and I love to travel. Scuba diving in the Caribbean, going on safari in the Masai Mara, and traveling through Italy are among my most favorite adventures that we have experienced together.

Favorite Restaurants in Nashville?

Rolf and Daughters
Sperry's Restaurant

Are you involved in/passionate about any charities?

BrightStone – serve on the Board of Directors assisting this phenomenal organization that serves the needs of adults with developmental disabilities in middle Tennessee. I seek to honor Craig Ferrell with my involvement, and BrightStone's faith-based mission aligns with our family values of service and love for others.

First Presbyterian Church of Nashville – serve as a Deacon and member of the Local Missions Committee assisting local charities through financial and volunteer support.

American Shoulder and Elbow Surgeons Foundation – serve on the Board of Directors to enhance the study of shoulder and elbow disease through education and research

What is one thing about you that surprises people?

I speak Spanish and enjoy conversing with Spanish-speaking patients in clinic.

Among your friends, what are you best known for?

I take pride in being a dependable friend and resource in times of need – my phone is always on. *

T W I L A A L L E N
P O R T R A I T S

www.twilaallenportraits.com



TWILA ALLEN, photographer

615-869-9933

twilasphotography@gmail.com

Spring Has Sprung!
Time To Tidy Up!

Spring cleaning isn't just for houses. Make sure you do some digital cleaning as well.
Is it time to clean up your IT support, but you don't know where to begin?

Download our FREE report, "What You Should Know About Hiring An Honest, Competent, Responsive IT Consultant." at
www.sublimecomp.com/21questions or call us today!

Not just IT support... IT solutions.

Network Support & Security • Cloud Computing • Data Backup
Secure Storage Solutions • Business Continuity & Disaster Recovery

www.sublimecomp.com // 615-942-0850





The Surgical Clinic (TSC) is the premier multi-specialty surgical practice in Middle Tennessee. TSC is a physician-owned group with over 40 surgeons and multiple locations, giving patients access to advanced surgical care close to home!

Since its founding in 1997, The Surgical Clinic has continued to attract talented surgeons, becoming one of Middle Tennessee's most respected practices.

General Surgery

Vascular Surgery

Breast Surgery

Surgical Oncology

Hepato-Pancreato-Biliary (HPB) Surgery

Plastic Surgery

Bariatric Surgery

The Vein Centre

Vascular Procedure Centers (Office based)

Ultrasound Labs (Accredited)

Podiatry

Prosthetics

Excellence tailored to the patient

SURGEONS BY LOCATION:

Columbia Clinic

Mark Hinson, MD, FACS
General Surgery

Brian Kendrick, MD
Vascular Surgery

Chad M. Moss, MD
General Surgery

James W. Richardson Jr., MD, FACS
General/Vascular Surgery

Andrew W. Garrett, MD
General Surgery

Patrick C. Yu, MD
Vascular Surgery

Downtown Clinic

Mariana Chavez, MD
Hepato-Pancreato-Biliary Surgery

Mark E. Cooper, MD, FACS
General/Breast/Endocrine Surgery

Bryan T. Fisher, MD
Vascular Surgery

Richard J. Geer, MD, FACS
Surgical Oncology

Trudie A. Goers, MD, FACS
General/Esophageal Surgery

Bassam Helou, MD
Surgicalist

Allen P. Lee, MD
Vascular Surgery

George B. Lynch, MD, FACS
General/Bariatric Surgery

James G. McDowell, MD, FACS
General/Bariatric Surgery

William H. Polk, MD
General/Surgical Oncology

Marc E. Rosen, DO, FACOS
Surgicalist

Foot & Ankle Specialists

Timothy W. Bush, DPM
Podiatry

Garza Plastic Surgery

Robert F. Garza, MD, FACS
Aesthetic/Reconstructive Surgery

Lebanon Clinic

Craig A. Ternovits, MD
General Surgery

The Lett Center

E. Dwayne Lett, MD, FACS
Aesthetic/Reconstructive Surgery

Southern Hills Clinic

Patrick T. Davis, MD, FACS
General & Bariatric Surgery

Skyline Clinic

Gregory E. Neal, MD, FACS
General Surgery

Adam A. Richter, MD, RPVI
Vascular/Endovascular Surgery

St. Thomas West

Julia Boll, MD, FACS
Vascular Surgery

Jeffery B. Dattilo, MD, FACS
Vascular Surgery

JimBob Faulk, MD, FACS, RPVI
Vascular/Endovascular Surgery

Clinton A. Marlar, MD
General Surgery

M. Caroline Nally, MD
Vascular Surgery

Drew H. Reynolds, MD
General Surgery

K. Tyson Thomas, MD, FACS
General Surgery

Patrick S. Wolf, MD, FACS
General Surgery/Surgical Oncology

Summit Clinic

John A. Boskind, MD, FACS
General Surgery

Tod Bushman, DPM
Podiatry

Alex Brent Fruin, MD
General Surgery

Billy J. Kim, MD, FACS
Vascular Surgery

TSC Rutherford

Willie V. Melvin, MD, FACS
General/Robotic Surgery

Joshua T. Taylor, MD, FACS
General/Robotic Surgery

Todd H. Wilkens, MD
Vascular Surgery

The Vein Centre

Roger A. Bonau, MD, FACS
Vascular Surgery

John E. Keyser, III, MD, FACS
Vascular Surgery

Billy J. Kim, MD, FACS
Vascular Surgery

Allen P. Lee, MD
Vascular Surgery

TSCCLINIC.COM



BrightStone to Open Ferrell Teaching Home in 2022

Beloved Surgeon's Legacy of Healing – A Dream Come True



The Ferrell Home, named in memory of Dr. Craig Ferrell. Completion date: fall 2022

Today, it seems like yesterday that Dr. Craig Ferrell, the late world-renowned orthopaedic surgeon whose heart mirrored his professional gifts, spearheaded an organization charged with creating a better life for intellectually and developmentally challenged adults.

His leadership as a board member in the earliest years of BrightStone, and later as board chairman from 2004 to 2008, gave momentum to this community-based nonprofit.

Ultimately, Dr. Ferrell helped establish a free-standing job training center in Franklin, where health and wellness, social and emotional supports, and art and enterprise opportunities would be offered daily to adults, the same adults all too often discarded by society.

But Dr. Ferrell also believed that building a home for a lifetime for adults with special needs

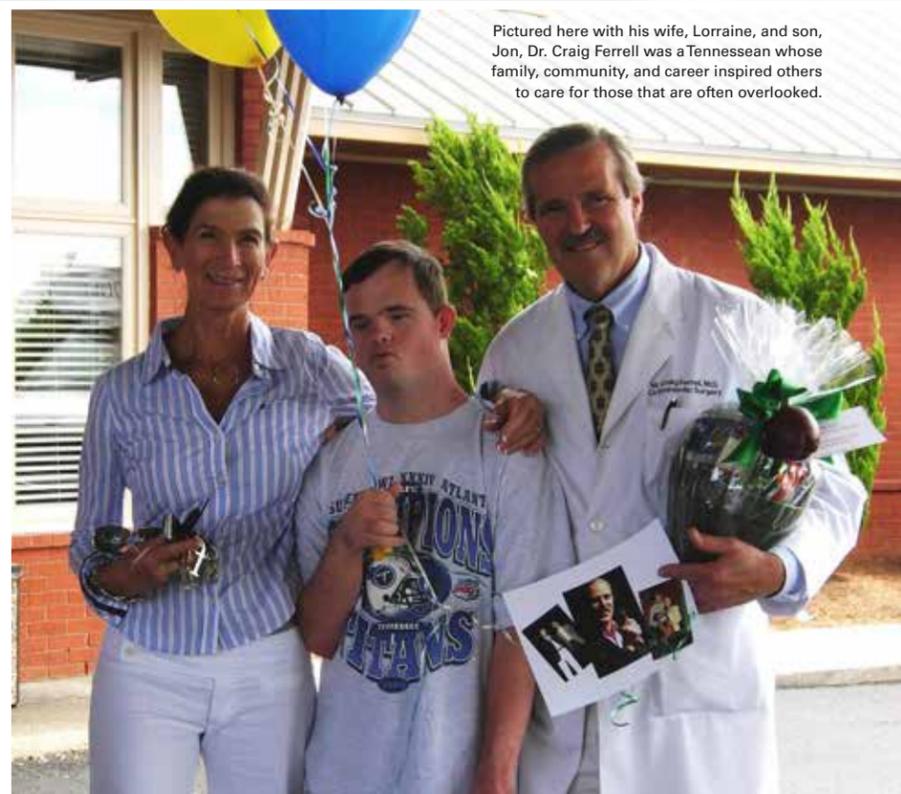
had to be central to the BrightStone mission.

As this publication goes to press, the organization he loved and committed so much energy to seeing grow is constructing a 140-acre Land of Dreams campus set to open later this year.

BrightStone's campus will be the first facility of its kind in Tennessee serving adults with special needs and will include two student teaching homes—a dream come true—as well as the Center for Learning Art and Enterprise.

These three features are only the beginning of a multi-phase master plan for Land of Dreams, located on Columbia Pike, just south of downtown Franklin, and approved by the Williamson County government.

"Friends of Dr. Ferrell have already donated \$400,000 towards the \$750,000 cost of the



Pictured here with his wife, Lorraine, and son, Jon, Dr. Craig Ferrell was a Tennessean whose family, community, and career inspired others to care for those that are often overlooked.

BrightStone student home being built by DeFatta Custom Homes," said Dr. Ian Byram, BrightStone board member and orthopaedic surgeon with Bone and Joint Institute of Tennessee.

"My colleagues and I cannot wait to see his dream become reality, which is why we are pleased to announce that a new

donor has stepped forward to provide a \$350,000 public match, dollar for dollar, to ensure that Craig Ferrell's legacy of serving adults with special needs is firmly established in the opening of this important first home."

Dr. Byram currently serves with Dr. Colin Looney, his colleague with Bone and Joint Institute of Tennessee, on BrightStone's board of directors.

Together with business leaders, community volunteers, and state and local officials, these two physicians, and members of the BrightStone board, have helped to lay the foundation for a dynamic campus where families can be assured that their sons and daughters and brothers and sisters will be able to thrive in a safe and inspiring place to call home.

"Dr. Ferrell would be so proud to know these homes will provide a lifetime of care for adults with special needs," said Brenda Hauk, founder and executive director of BrightStone. "Moreover, these homes will give their parents peace of mind. It is a great time to honor the compassion and memory of Dr. Ferrell by making a life-saving philanthropic investment to fund the Ferrell Home and trigger these matching funds."

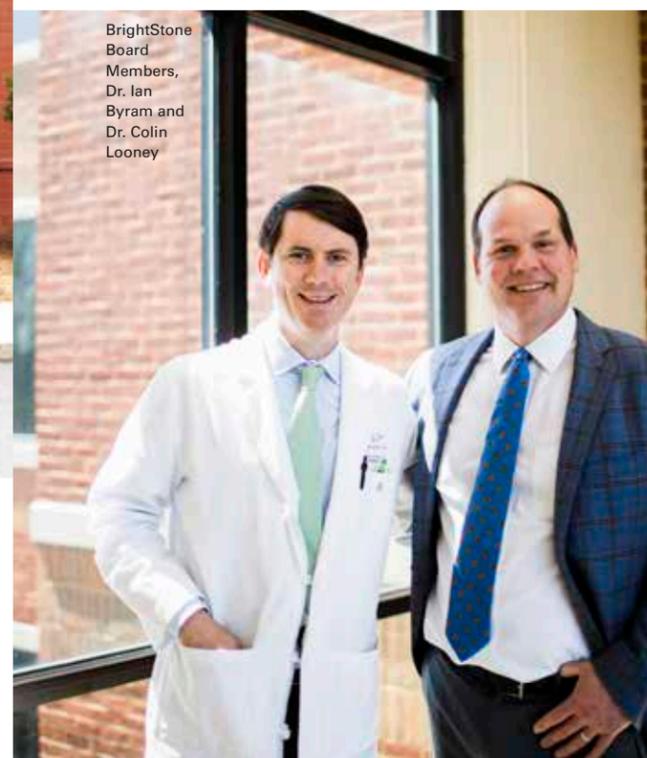


23,000-square-foot Center for Learning, Art and Enterprise – opens fall 2022 – Brightstone's 140-acre Land of Dreams Campus in Franklin, TN

"Dr. Craig Ferrell believed 'a home to last a lifetime' could be one of the greatest ways to ensure a better quality of life for adults with special needs."



Serving adults with special needs, like Bobby, pictured here, was central to Dr. Craig Ferrell's commitment to BrightStone Board of Directors, a position he held until his tragic accident in 2012.



BrightStone Board Members, Dr. Ian Byram and Dr. Colin Looney



Celebrating BrightStone with his son, Jon, Dr. Craig Ferrell helped to establish an annual Songwriters Night at The Factory of Franklin to benefit adults with special needs.

The first home, set for completion this fall, will be named The Ferrell Home in memory of Tullahoma-native and longtime Williamson County orthopaedic surgeon Craig Ferrell, MD, who passed away in 2012.

His tragic and fatal accident was a profound loss to his family, to the Williamson community, to the field of medicine, and to BrightStone. He gave a decade to BrightStone, but, as parents of a special needs son, Dr. Ferrell and his wife, Lorraine, also understood firsthand the impact of the organization on family.

Go to www.brightstone.org/landofdreams, or if you have questions or want to come for a tour, contact Randy Elliott, Director of Advancement, at 615-491-0096 or Randy.Elliott@brightstone.org.



GS
MAGILL'S WORLD FAMOUS
GLOCKSTORE EVERY GLOCK IN STOCK

- LARGEST SELECTION OF GLOCK® PARTS & ACCESSORIES
- NEW CONCEPT INDOOR SHOOTING RANGE
- 4 PRIVATE SHOOTING ROOMS WITH INSTRUCTOR
- GROUP EVENTS
- COME VISIT US TODAY

1930 AIR LANE DRIVE, NASHVILLE, TN 37210
615-682-6565 | GLOCKSTORE.COM | SHOOT270.COM

@GLOCKSTORE @SHOOT_270

SPEND TIME IN THE PRESENT, KNOWING YOUR FUTURE IS COVERED

Financial Guidance
for Physicians

- Personal and Business Insurance
- Disability Insurance
- Long Term Care Insurance
- Investments
- Financial Needs Analysis
- College Funding
- Estate Conservation Strategies

 **Shoemaker
Financial**

Jeremy Smith is a Registered Representative and Investment Representative of Securian Financial Services. Securities and Investment Advisory services offered through Securian Financial Services Inc. member FINRA/SIPC. Shoemaker Financial is independently owned and operated. 2457866 DOPU 03/2019, 2758747 DOPU 9/2019.

Jeremy Smith, CFS
615-383-0262

shoemakerfinancial.com

750 Old Hickory Boulevard | Brentwood, TN



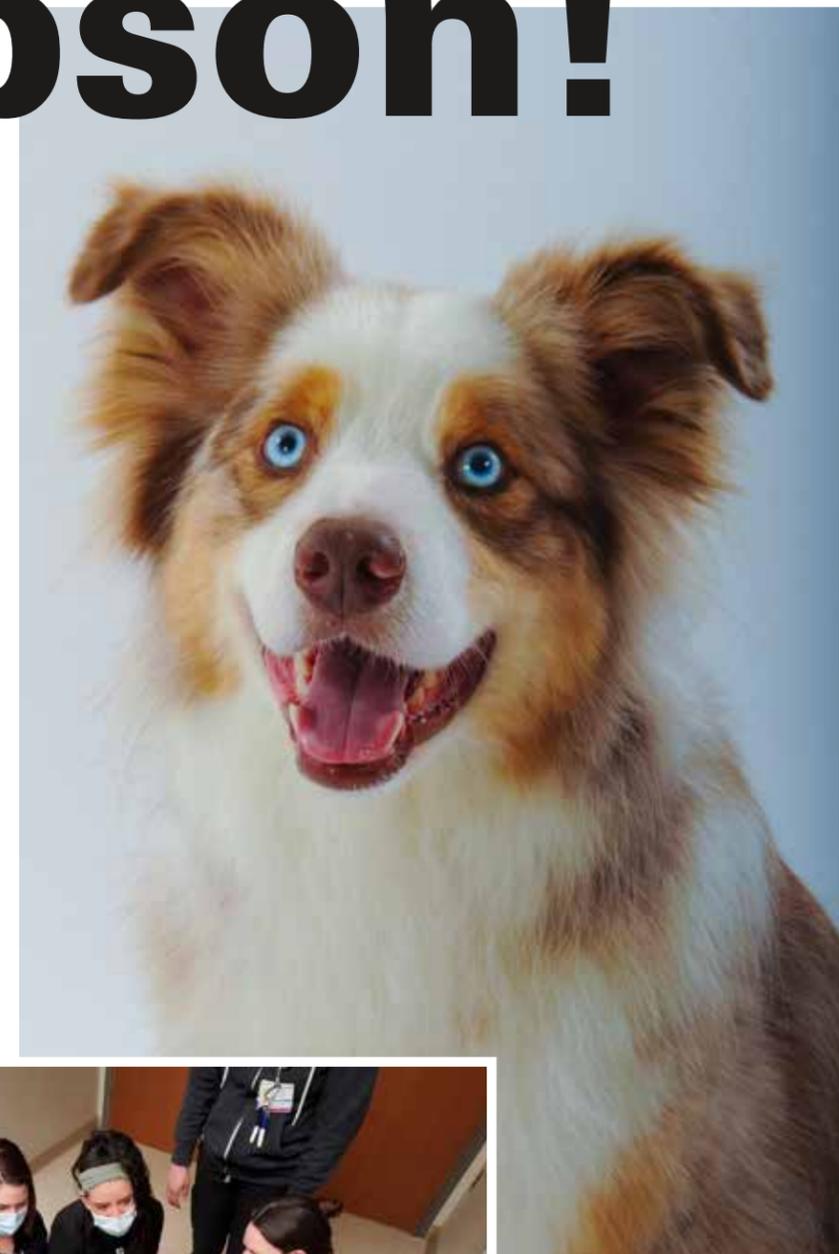
MEET Dobson!

A New Furry Face Joins Ascension Saint Thomas Pet Therapy Program

There's nothing like a furry friend! Dobson, an 11-year-old Australian shepherd, recently joined the Pet Therapy Volunteer program at Ascension Saint Thomas Hospitals Midtown and West. Dobson has been a therapy dog for eight years.

Dobson got started on his journey in 2013 in Los Angeles, California, with his companion, Nicholas Rose. He provided his friendly smile and calming energy at a wide range of facilities around the LA area, including many hospitals, college campuses, and end-of-life care facilities. From there, he returned to his hometown, Nashville, in 2016 and joined Ascension Saint Thomas in February 2022.

Dobson is one of many pets who volunteer through the Pet Therapy Volunteer Program. The Program started in 2011 as a way to provide pet therapy to both patients and associates. The mental health and physical benefits of interacting with furry friends is undeniable. New research suggests that older adults with



a four-legged companion showed slower mental declines than those without one. Our staff and patients have enjoyed seeing his friendly face in the hallways and have seen many benefits from this program.

The Pet Therapy Volunteer Program currently operates at our Midtown, West, and Rutherford campuses. Join us in welcoming Dobson! 🐾

David Farnen, DPM

CUTTING EDGE FOOT AND ANKLE

"I really love limb salvage, wound care and preventative foot care."



Dr. Farnen has been in practice for over five years in the Nashville area and has established large clinics with Cutting Edge all throughout the Middle Tennessee areas and is expanding quickly with a new office in Brentwood. Cutting Edge Foot and

Ankle clinics offer the most state-of-the-art nonsurgical and surgical techniques for all foot and ankle pathology. Their wonderful staff and same day appointments is what makes them a wonderful Foot and Ankle Podiatrist clinic in Nashville.

Why did you choose podiatry?

Well, it's because I love the field and everything we do. No, I do not have a foot

fetish. I don't have a crazy professional athlete story where I was going to play pro basketball or baseball and hurt my foot or ankle. Mine is really simple actually. I chose podiatry because I have never seen a doctor happier from doing what they love. When I

was able to shadow my mentor pre-medical school, I saw literally how happy he was and all of his patients were that saw him. To me, that was incredible.

True or False: You are a diabetic?

Absolutely 100% true! My story is actually pretty interesting. I was not born with diabetes and do not



have a family history of type 1 diabetes. I was in my first year of surgical residency when I literally thought I was Superman. I never slept, stressed all the time, worked out and had the body of Ryan Reynolds (haha ... j/k). I was overeating, not gaining any weight, I was thirsty all the time and exhausted all day. My body was telling me something, and I was not listening. Turns out, I left on medical leave to get medical attention where the news was given to me that I would have to be giving myself insulin to live.

What are you passionate about in your field?

Really anything foot or ankle. But if I have to choose a niche, I really love limb salvage, wound care and preventative foot care. I could count the number of times that I could have prevented a limb loss, a hospital admission or just saved a limb and a life. When I evaluate and treat patients in the office or wound care center, I can sleep at night knowing I am providing the best care imaginable and doing my best to heal each and every one of them. I strive to treat all my patients like family.

So when you are not working, what do you like to do?

I am obsessed with my family! I am the epitome of a girl dad. My daughters and beautiful wife have my attention and my heart. I love to waltz across our kitchen floor with my daughters to Beauty and the Beast and Encanto. I love to be her make-up doll and exclusive guest to her tea parties and join her as the main lifeguard in my unicorn floaties. I love Nashville. I love the community and volunteering my time at local charities and businesses as much as I can. I love country music and everything it stands for and could not see myself anywhere else. 🇺🇸



2/22/22

Twins Born on Twos-Day at Williamson Medical Center

What better day to remember your child's birthday this year than 2/22/22? Double bonus if they're twins! Parents JeriLynn and Stephen Reed welcomed twins at Williamson Medical Center on "Twos-day," delivering two healthy girls, Madeline Kate at 3:54 p.m. and Olivia Jane at 4:09 p.m. JeriLynn said it's been 80 years since twins were last welcomed into her side of the family, though husband Stephen said these are his first. The Nolensville residents haven't received too much advice from well-wishers yet, though these words were a starting point: Stephen said, "Days are long, but the years are short."

Congratulations to the Reed family! ✨



Putting you first made us #1.

Caroline Pistole, Agent
4115 Mallory Lane
Franklin, TN 37067
Bus: 615-550-0055
caroline.pistole.ctjb@statefarm.com

Making you our #1 priority is what's made State Farm® #1* in auto insurance. I'm here to listen to your needs and to help life go right.
CALL ME TODAY.

*Based on written premium as reported by SNL Financial 2014.



1601917

State Farm Mutual Automobile Insurance Company, State Farm Indemnity Company, Bloomington, IL
State Farm County Mutual Insurance Company of Texas, Dallas, TX

Unique to Regions Mortgage. Designed for You.

While every lender has the same basic tools, Regions also offers unique products to fit your personal needs. It helps us stand out from the crowd. Listed below are a few solutions:

- Affordable 97 and 100
- Regions Pledged Asset
- Regions SMARTSolutions®
- Regions Jumbo Fixed-Rate Mortgage
- Relationship Banking Suite
- Regions Doctor Mortgage



Let's find a solution that is right for you. It would be a pleasure to help

Shannon M. Coates
NMLS #1167447
Mortgage Loan Officer
1033 Demonbreun Street Suite 300
Gulch Crossing: Industrious
Nashville TN 37203
P. 615. 748. 1501 C. 615.906.4741
Shannon.Coates@Regions.com



  Follow us for helpful tips and information.

regionsmortgage.com



© 2021 Regions Bank. Member FDIC. NMLS# 174490. All loans subject to qualification, required documentation, and credit approval. Certain exclusions may apply. Loan terms and availability subject to change. Mortgage insurance premium may be necessary for Loan to Values above 80%. Property insurance may be required, including flood insurance if applicable. Escrow account required for loans with Loan to Values greater than 80%. Escrow accounts for loans with Loan to Values less than 80% may be waived for a fee. Regions and the Regions logo are registered trademarks of Regions Bank. The LifeGreen color is a trademark of Regions Bank. (05/21)

profile
SANFORD

HELP ME
BE MY Healthiest!

SCIENCE-BACKED, DOCTOR-DEVELOPED WEIGHT LOSS THAT
YOUR PATIENTS CAN TRUST.

PROFILE *Works* FOR PATIENTS

Patients lose
35.5 LBS
on average*

38%
of members reduce their
obesity classification

Patients lose
3X MORE
weight with coaching**

Brentwood

99 Seaboard Lane, Suite 800
Brentwood, TN 37027
615-270-1710

Hendersonville

211 Indian Lake Blvd., Suite B
Hendersonville, TN 37075
615-338-9140

Learn how Profile can be an extension of your health team!

www.profileplan.com/physicians

SPECIALIST

Preferred Local Medical Specialists



ANESTHESIOLOGIST
Specialty Anesthesia of Tennessee
Katherine H Dobie, MD
3000 Edward Curd Lane
Franklin TN 37067
615.210.3344

AUDIOLOGIST
Ears 4 U Hearing Services
Rebecca Grome, Au.D.
411 Iris Drive, Suite A
Nashville TN 37204
615.327.8102
ears4u.net

BARIATRICS
The Surgical Clinic
St. Thomas Midtown
Southern Hills
TSClinic.com

BIOLOGICAL DENTISTRY
**Centre for Holistic and
Biological Dentistry**
Thomas Lokensgard, DDS
1600 Westgate Circle, Suite 175
Brentwood TN 37027
615.481.4555
holisticdentistrytn.com

GENERAL SURGERY
The Surgical Clinic
Columbia
Centennial/St. Thomas Midtown
Lebanon
Skyline
Southern Hills
StoneCrest
St. Thomas West
Summit
TSClinic.com

KETAMINE INFUSION
Randall Malchow, MD
1909 Mallory Lane, Suite 300
Franklin, TN 37067
615.813.5006
amg-ketamine.com

PATHOLOGY/LABORATORY
Path Group
Pranil K. Chandra, DO, FCAP, FASCP
1010 Airpark Drive
Nashville TN 37217
888.410.4618
pathgroup.com

PHYSICAL MEDICINE & REHAB
Nashville Spine Institute
Brandon Tolman, DO
1195 Old Hickory Blvd.
Suite 102
Brentwood TN 37207
615-953-9512
tennesseespineinstitute.com

PLASTIC SURGERY
The Surgical Clinic
Nashville
Mt. Juliet
Lebanon
TSClinic.com

PODIATRY
The Surgical Clinic
St. Thomas West
Summit
Mt. Juliet
Lebanon
TSClinic.com

PROSTHETICS
The Surgical Clinic
Centennial
TSClinic.com

REGENERATIVE MEDICINE
**David Price IMAC
Regeneration Center**
Rachel Rome, MD
1605 Westgate Circle
Brentwood TN 37027
615.678.0024
davidpricecenter.com

SPORTS MEDICINE
Jim Johnson, MD
28 White Bridge Pike, Suite 207
Nashville, TN 37205
615.467.4636
OurAdvancedSportsMedicine.com

SURGICAL ONCOLOGY
The Surgical Clinic
Centennial
St. Thomas West
TSClinic.com

VASCULAR SURGERY
The Surgical Clinic
Columbia
Centennial/St. Thomas Midtown
Skyline
StoneCrest
St. Thomas West
Summit
Vascular Procedure Centers
(Nashville, Mt. Juliet, Columbia)
TSClinic.com

VEINS
Vein Centre
Belle Meade
Franklin
Mt. Juliet
TSClinic.com

TO ADD YOUR PRACTICE TO THE LIST, PLEASE REACH OUT TO MARK.CASEY@MEDPROSMAG.COM

*Individual results may vary. Active members lose 1-3 pounds per week on average. ** Participants in the study receiving coaching lost 3x more weight. Gudzone KA, Doshi RS, Mehta AK, et al. Efficacy of commercial weight-loss programs: an updated systematic review. Ann Intern Med. 2015;162(7):501-512. BD019

On-Belay Medical

Transforming Surgical Device Profits



Luke Slaughter, 11 years old

One medical device company, On-Belay Medical, has created an innovative model for surgeons who want to make a difference in the world.

“Only getting started” is one of Mark Slaughter’s signature phrases. And, as CEO of On-Belay Medical, Mark is a visionary kind of guy who always sees challenges as opportunities to make the world a better place.

Little did he know that his “only getting started” way of looking at life would take hold of his soul at a football practice upon hearing the words, “Dad, feel my chest,” spoken by his 11-year-old son, Luke.

Mark went from a relaxing afternoon at a football practice to trying to cut deals with God in an ER room as Luke’s heart raced up to 245 bpm.

Mark put on a brave face for Luke, while at the same time facing the fact the doctors were planning to

flatline Luke and restart his heart in an attempt to stabilize him.

Luke pulled through, and a few days later underwent an ablation procedure at Vanderbilt Children’s Hospital. While Luke came out unscathed, Mark came out a changed man, who had made some serious promises to God in all the chaos.

At the time, Mark had been working in medical sales, with a spine company, meeting with surgeons and supporting spine surgeries. It was a job he once loved but was getting burned out chasing sales commissions. Somehow, Luke’s cardiac event was Mark’s “defibrillator moment,” and he left the experience determined to exit his industry. He did not know what it would be but knew it had to be purposeful.

Mark also felt the entire medical field was suffering from its own

pandemic. You now find breakout sessions at nearly every physician society meeting addressing burnout and by the time you hit your 40s, on the supply side, most are barely hanging on. But the investments and sacrifices you make to reach professional goals and a desired lifestyle have already been made, and mortgages and tuition don’t just stop coming because you’re living a life of quiet desperation.

He considered working with a nonprofit, a children’s hospital, or even in mission work. But much to his surprise, Mark had an idea that would take him even deeper into the industry he was committed to



Mark and Luke Slaughter in Uganda



This is Luke all grown up now and serving on the mission field

“We make a living by what we get. We make a life by what we give.”
 – Winston Churchill

leave. Trusting a passage in Luke that says, “Give, and it shall be given unto you...” he was going to start a medical distributorship with a key performance metric of financial giving. It would be called On-Belay, meaning “One Secured by Another.” To most powerfully accomplish this, On-Belay made a bold decision in 2014 to donate a significant portion of the company to a large 501(c)(3) nonprofit, The National Christian Foundation (NCF), and created a model that could most powerfully convert On-Belay’s monthly profit distributions into philanthropy which is, in part, directed by the surgeons who are On-Belay customers.

With the On-Belay model, whereby surgeons can direct a portion of On-Belay’s profits to charities of the surgeon’s choice, the surgeon customers become the “hands and feet” of giving by directing grants through NCF. On-Belay and their surgeon customers join hands in making a difference in the world around them, by focusing on the power in transforming profit into philanthropy.

On-Belay relies almost solely on word-of-mouth advertising and does not employ commissioned sales representatives.

Surgeon customers tell their colleagues about On-Belay and every surgeon customer, except their first, has contacted them – just like Dr. Todd Abel did when his partner told him about On-Belay.

“On-Belay is different from any other company I’ve worked with before. It was an unexpected, refreshing breath of fresh air to be able to change vendors without changing the reps in the room. Mark Slaughter has a true heart of service, and that attitude permeates On-Belay and everything that On-Belay does, and, I believe, is also present in the people that use On-Belay. I’m very happy to be a part of that.”

– Dr. Todd Abel, M.D.

Neurosurgeon, University of Tennessee Medical Center

It has been 10 years since On-Belay was launched. Luke is doing great, and so is On-Belay.



Since On-Belay’s inception:

- On-Belay is now supplied by 30+ manufacturers in spine, orthopedic, and total joint reconstruction.
- Though based in Knoxville, without sales representation, On-Belay works with surgeons throughout Tennessee and in multiple states.
- Provides financial support for 60+ nonprofits around the world.
- Has created a spine surgery program in a third world country and travels there two to three times a year.
- On-Belay has supplied Africa Renewal Ministries with several million dollars of spine implants that will support Uganda for several years.
- Through MedSend, a nonprofit organization which provides full scholarships for the residency training programs for national physicians and surgeons in Africa and Asia, On-Belay provides funds to train orthopedic surgeons. (www.medsend.org)
- On-Belay supplies surgical support that serves Mulago Hospital, in Uganda, and its surgeons.

On-Belay launched an international medical missions team committed to advancing spine care in East Africa. Under the leadership of Dr. Michael Wattenbarger, a spine surgeon at Shriners Children’s Hospital – Greenville, SC, their surgeon team teaches surgeons and residents and are creating a pediatric scoliosis program in Kampala, Uganda.

Mark says he has the “coolest” job in the world, in the industry he was desperate to leave. “Here is what I do... On-Belay has as much access to surgical technology that helps surgeons care for their patients as anyone in the country. Our surgeon customers are some of the smartest and nicest people on the planet, intellectually stimulating, and truly want to help hurting people get better. And sometimes it feels like what I really do is medical outreach and taking my surgeon friends with me. I’m doing everything I ever wanted to do, all at the same time. Are you kidding me?”

And how is Luke doing? He is now a 21-year-old healthy young man that never lets On-Belay’s team leave the country without him. Mark says Luke is his physical reminder of the promises he made, promises kept, yet only getting started. ✪

Contact Information:

David Stridde
dstridde@onbelaymedical.com
 (865) 392-5230
 123 Center Park Dr., Suite 120,
 Knoxville, TN 37922

www.onbelaymedical.com





**JUDY & DICK
WILLIAMS**

www.judyanddick.com

**PARKS
P**

UNDER CONTRACT



5186 Colleton Way

\$3,695,000 | Brentwood, TN | 6 Bd, 9 Ba | 9,211 SF



SOLD

1627 Championship Blvd | \$1,241,000
Franklin, TN
4 Bd, 6 Ba | 4,513 SF



SOLD

3505 Belmont Blvd | \$ 2,250,000
Nashville, TN
4 Bd, 4 Ba | 3,942 SF



SOLD

9201 Bradbury Ct | \$2,250,000
Brentwood, TN
5 Bd, 6 Ba | 4,880 SF



SOLD

8131 Mountaintop Drive | \$10,810,000
College Grove, TN
5 Bd, 8 Ba | 12,879 SF



SOLD

9150 Overton Lea Road | \$2,895,000
Nashville, TN
4 Bd, 4 Ba | 5,296 SF



SOLD

4019 Flagstone Court | \$5,800,000
Franklin, TN
9 Bd, 14 Ba | 16,054 SF



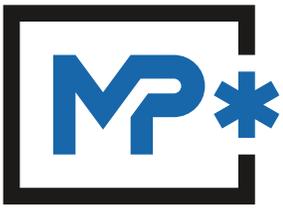
30
years

COMBINED EXPERTISE 300 MILLION
+ SALES BRINGING PEOPLE HOME

2020 Soar Award Winners

JUDY (615) 210-1059 • JUDYCANSSELL@GMAIL.COM | DICK (615) 426-0020
DICKCANSSELLHOUSES@GMAIL.COM • 8119 Isabella Lane, Brentwood TN 37027 | (615) 370-8669





THE WORLD'S FINEST HIGH RESOLUTION PLAYER PIANO

Enjoy performances captured by great pianists — played with such nuance, power and passion that they are utterly indistinguishable from a live performance.

Thousands of performances by STEINWAY ARTISTS as well as ASYNCHRONIC videos are available at the touch of a button on the included iPad. The library expands monthly, updated automatically from the Cloud. In addition to today's greatest musicians, STEINWAY delivers historic performances by STEINWAY IMMORTALS, including Duke Ellington, Glenn Gould, Art Tatum, and many more.



STEINWAY & SONS
SPERLO



LIVE PERFORMANCE.
IN YOUR HOME.

Learn More at
SteinwayNashville.com/uprio

